



mothers group online

Wellness CHECK LIST

- GLEN20 SPRAY
- THIEVES HOUSEHOLD CLEANER
- POWERADE POWDER
- GREEN TEA
- HIGHER LIVING LICORICE ROOT TEA
- LEMONS
- TUMERIC POWDER
- CHILDRENS COLD & FLU (ELDERBERRY & ZINC ONLY)
- BANANAS
- WATER BOTTLE
- THERAPEUTIC GRADE PEPPERMINT OIL
- THERAPEUTIC GRADE THIEVES OIL
- THERAPEUTIC GRADE LEMON OIL
- ALL NATURAL ORANGE JUICE
- PUMPKIN SPICE TEA (CLOVES)